

Basic insurance models

Traditional model: Free choice of physician



- Free choice of physician
- > General practitioner
- > Hospital
- > Specialists
- Free choice of physician throughout Switzerland
- · Directly to the specialist

General practitioner model: A general practitioner is the first point of contact

You contact your general practitioner, a physician from the network of doctors, or a group practice

Managed Care network of doctors: you choose your general practitioner from a network of doctors, or your group practice.







- > Hospital
- > Specialists
- General practitioner or group practice

- · Your general practitioner from the network of doctors or your group practice coordinates your treatment
- You are referred to specialists or hospitals if necessary

General practitioner practice Med Direct: You choose your general practitioner.







- > Hospital
- > Specialists
- General practitioner

- Your general practitioner coordinates your treatment
- · Your general practitioner refers you to specialists or hospitals if necessary
- · You send your referral confirmation to Visana

Telemedicine models: Medi24 is the first point of contact

Tel Doc Binding advice







> Physician/specialist

> Hospital

- · Medi24 coordinates the treatment
- The treatment steps are to be taken as instructed

Med Call Non-binding advice







> Physician/specialist

> Hospital

- Medi24 advises you on the necessary treatment steps
- · Taking the treatment steps is not obligatory
- · You decide for yourself how to proceed

Tel Care Binding advice and guidelines on obtainment of medication







Medi24

- > Physician/specialist
- > Hospital
- > Partner pharmacies
- Medi24 coordinates the treatment
- · The treatment steps are to be taken as instructed
- Obtainment of medication from Visana's partner pharmacies

Combined model: General practitioner & telemedicine

Combi Care – first consult Medi24 or your general practitioner







> Other specialists

practitioner

- Telemedical advice from Medi24 around the clock
- · Personal advice from your general practitioner
- Instructions on treatment steps are to be followed
- · Duty to report referrals from the general practitioner
- Compulsory obtainment of cost-effective medicinal products (generics, biosimilars)

Integrated care in the Jura Arc

You use medical services within the chosen healthcare organisation*

VIVA – you choose your general practitioner practice or medical centre









Healthcare

organisation

- > Other specialists
- > Hospital
- > Obtainment of generics/ biosimilars
- Holistic medical care from the chosen healthcare organisation
- · You do not have to provide any co-payment for preventive services that you use within the healthcare organisation
- · Compulsory obtainment of cost-effective medicinal products (generics, biosimilars)

Good to know

Your advantage: health-related legal protection included

Comprehensive worldwide insurance cover for disputes in connection with damage to health, max. CHF 500,000 (max. CHF 100,000 outside Europe).

Telemedical advice around the clock

Cost-free over-the-phone advice on complaints, medication and vaccinations, plus general medical information, from Medi24 medical experts.

Deductible – freely selectable

The statutory minimum deductible for persons aged 19 and over is CHF 300 a year. Insured persons can increase it voluntarily, so as to be eligible for a premium discount.

There is no statutory annual deductible for children up to the age of 18. However, it is possible to choose one voluntarily. The deductible is the insured person's contribution to costs in connection with physicians, hospitalisation, medication etc. Only when the deductible amount is exhausted does the health insurance contribute to the further costs (minus retention fee).

Possible annual deductibles				
	s and adults 19 and over		Children up to the age of 18	
CHF	2500	CHF	600	
CHF	2000	CHF	500	
CHF	1500	CHF	400	
CHF	1000	CHF	300	
CHF	500	CHF	200	
CHF	300	CHF	100	
The higher the deductible you choose, the more you save on your premium. Calculate your				

A quick explanation of retention fee

individual premium at visana.ch.

The health insurance provider contributes 90% of the treatment costs that exceed the agreed deductible; the insured person is to pay the remaining 10%, as a so-called 'retention fee'. This also applies to children. The retention fee is capped: For insured persons aged 19 and above, it is a maximum of CHF 700 a year; for younger insured persons, the maximum is CHF 350. The retention fee is to be paid for all basic insurance benefits, except maternity benefits.

	Basic insurance	
	Compulsory health insurance	
	The statutory basic insurance guarantees sufficient cover in the event of illness, accident or maternity. Co-payment is levied for all benefits (except maternity).	
Outpatient treatment conventional medicine	Provided by recognised professionals; cost coverage is tariff-based ¹	
Outpatient treatment complementary medicine	Acupuncture, anthroposophic medicine, traditional Chinese medicine (TCM) pharmacotherapy, convention- al medical homeopathy and phytotherapy, provided by accredited FMH physicians	
Medication	Medically prescribed according to the list of medicinal products and the list of pharmaceutical specialties or the FOPH/BAG generics list from the Federal Office of Public Health	
Hospital stays	Full cover in the general ward of a listed hospital anywhere in Switzerland, up to the tariff of the canton of residence	
Maternity/pregnancy	Tariff-based for max. 7 check-ups, 2 ultrasound examinations, 3 breastfeeding consultations; CHF 150 for birth preparation course provided by mid- wives; home-birth benefits; hospital benefits for hospital births	
Preventative gynaecological examinations	Every three years, with annual check-up, tariff-based	
Preventative care	Contributions to certain preventative examinations for early detection of illnesses	
Home nursing care and home help	Up to 60 hours per quarter for home nursing care. Additional benefits as per HIBO/KLV ² upon special clarification. No benefits for home help.	
Medical supplies	According to the "list of medical supplies and devices" from the Federal Office of Public Health (FOPH/BAG)	
Spectacle lenses and contact lenses	CHF 180 per year until the age of 18 is reached	
Protective and travel vaccinations	Contributions to prophylactic vaccinations as per HIBO/KLV ²	
Transport and rescue costs	For medically necessary transport to the nearest physician or hospital: Transport: 50%, max. CHF 500 per year Rescue: 50%, max. CHF 5000 per year	
Stays abroad/travel	In the event of acute illness or accident during a temporary stay abroad (if accident cover is included): Emergencies outside the EU/EFTA: Cost coverage up to double the tariff of the canton of residence Emergencies in the EU/EFTA: Cost coverage as per the Agreement on the Free Movement of Persons	
Dental treatment	In the event of severe disorders of the masticatory system, severe congenital dental malformation or treatment due to a severe general disorder; coverage in the event of dental accidents (if accident cover is included)	
Correction of malpositioned teeth		
Balneotherapy	CHF 10 per day for max. 21 days per year; outpatient therapies based on the tariff at the place of treatment	

Recognised physicians, chiropractors, midwives, logopaedists, physiotherapists, ergotherapists, nurses and psychotherapists

nurses and psychotherapists

2 HIBO = Health Insurance Benefits Ordinance

Our lump-sum and daily allowance insurance: financially protected and covered

Lump-sum insurance for accidents

Financial protection in the event of death or disability due to an accident

- Protects you and your family against financial consequences
- Closes gaps not covered by occupational pension funds
- Lump-sum benefits are provided regardless of other insurance
- The money is freely available as a one-off payout (e.g. for installation of a stair lift, holidays)

Can be taken out by persons aged up to and including 65. Insurance remains in place at a reduced level after retirement.

Lump-sum insurance for illness

Financial protection in the event of death or disability due to illness

- Protects you and your family against financial consequences
- Closes gaps not covered by occupational pension funds
- Five models with different lump-sum disability and death benefits
- Lump-sum benefits are provided regardless of other insurance
- The money is freely available

Can be taken out by persons aged up to and including 55. Expires when the age of 59 is reached.

Lump-sum insurance for hospital stays

A financial cushion in the event of a hospital stay

- Lump-sum payment of up to CHF 15,000 with annual entitlement if an inpatient hospital stay has taken place
- Insured capital freely available

Can be taken out by persons aged 18 up to and including 69. Combination with hospital Flex for persons aged 18 up to and including 44.

Daily allowance

Financial security in the event of incapacity to work due to illness or accident

- Secures your income for up to 730 days
- You retain your accustomed standard of living
- Daily allowance amount and waiting periods can be selected to suit your needs
- Benefits from as little as 25% incapacity to work

Can be taken out by persons aged 15 up to and including 63.

Hospital daily allowance

For coverage of individual expenses during a hospital stay

- Daily allowance amount and indemnity period can be selected to suit your needs
- The money is freely available

Can be taken out by persons aged 1 up to and including 69.

Nursing care daily allowance

Early coverage for nursing care in a home

- Freely selectable daily allowance amount between CHF 15 and CHF 200
- The indemnity period is 10 years
- The waiting period is 2 years

Can be taken out until the age of 65 is reached.

Our innovative support and welfare solutions: Make provisions for old age and benefit from discounted support

Support and welfare solution

Financial security including discounted support in old age

- At-home support after your retirement
- Financed by a 3rd-pillar account (3a/3b)
- With savings-contribution guarantee on request
- Savings capital freely available when retirement age is reached

Can be taken out from the 1st of January of the year in which the customer turns 18 and until retirement age.

The savings-contribution guarantee is only available from the 1st of January in the year in which the customer turns 19.

Emergency support at working age

For short-term assistance in emergencies

- At-home support during convalescence associated with illness/accident
- Household assistance to suit your needs (e.g. cooking, washing, cleaning)
- Online booking of the desired service

Emergency support is available from the 1st of January in the year in which the customer turns 19 and until retirement age.

All-round protection for your home, motor vehicle and assets

Household contents insurance

Protects your belongings

- No retention fee for damage caused by fire, water or glass breakage
- E-bikes and e-scooters are included in the cover
- Drones, hearing aids, glasses and sunglasses are also insured
- Immediate assistance in emergencies
- 10% discount for Visana customers

Personal liability insurance

Protects your assets in the event of damage to third parties

- Gross negligence is automatically included in the cover
- Tenant damage is insurable without a retention fee
- The driving of third-party motor vehicles is covered, up to the guaranteed sum
- 10% discount for Visana customers

Home insurance

Protects your own four walls

- Damage caused by martens, rodents or insects, as well as vandalism
- All-risk cover for solar installations
- Glass insurance without a retention fee
- Immediate assistance in the event of defects in heating, ventilation or sanitary systems
- 10% discount for Visana customers

Car insurance

Worry-free on the road

- Liability, partially comprehensive and fully comprehensive
- Unlimited parking damage insurance
- Guaranteed fixed premium instead of bonus/malus system
- Comprehensive cover for glass breakage
- Gross negligence included in all insurance packages
- 10% discount for Visana customers

Legal protection

Legal support in disputes

- Comprehensive legal protection for private, traffic- and health-related matters
- Lawyers', courts' and experts' fees, plus any obligation to compensate the other party for legal costs, up to CHF 500,000
- Legal support from Protekta specialists
- Cost-free legal advice over the phone (JurLine)

Hospital, general Hospital, Flex Hospital, Flex Plus A supplement to compulsory health insurance, for hospital stays. Can be taken out by persons aged up to and including 69. Recognised hospitals1 Free choice throughout Switzerland Free choice throughout Switzerland Free choice throughout Switzerland Ward General ward Free choice of ward Free choice of ward Choice of physician No free choice of physician Free choice of physician if semi-Free choice of physician if semiprivate or private ward is chosen private or private ward is chosen Multi-bed room Depends on choice of ward Room comfort Depends on choice of ward Second medical opinion Included Included Included Option 2/4 General: CHF 0 Insured person's annual No co-payment General: CHF 0 co-payment Semi-private: 20%, max. CHF 2000 Semi-private: CHF 2000 Private: 35%, max. CHF 4000 Private: CHF 4000 Option 4/8 General: CHF 0 Semi-private: CHF 4000 Private: CHF 8000 No hospital capital Insured capital No hospital capital No hospital capital Insurance cover in Switzerland-wide + worldwide for Switzerland-wide + worldwide for Worldwide emergencies 8 weeks per trip 8 weeks per trip Travel insurance Included for Included for Included for 8 weeks per trip 8 weeks per trip 8 weeks per trip Under 1 year of age: 100% of the Under 1 year of age: 100% of the Rooming-in Max. CHF 80 per day, max. cost of accommodation and board cost of accommodation and board CHF 2000 per year for person accomfor the mother or child. Ages 1 to 13: for the mother or child. Ages 1 to 13: panying a child aged 17 or younger. max. CHF 50 per day for person max. CHF 50 per day for person accompanying a child aged 13 or accompanying a child aged 13 or younger. younger. Lump sum for Not insured CHF 500 per birth CHF 1500 per birth outpatient birth CHF 80 per day, Health resorts, CHF 50 per day, CHF 50 per day, balneotherapy max. 21 days per year max. 21 days per year max. CHF 2000 per year CHF 50 per day, max. 28 days; CHF 50 per day, max. 28 days; CHF 80 per day, max. Convalescence cures CHF 2000 per year at a Visana-recognised CHF 20 per day at other appropriate CHF 20 per day at other appropriate health resort sanatoriums sanatoriums

Good to know

Additional options: hospital daily allowance or hospital capital

Hospital top-up insurance

Additional cover and a freely available sum of money in the event of a hospital stay (e.g. room comfort in hospital, home help, babysitter)

Basic – the comprehensive top-up insurance package

The basic top-up insurance package optimises the cover provided by compulsory health insurance and includes most of the benefits from:

- Outpatient II
- Complementary II
- Hospital top-up insurance (class freely selectable)
 Benefit exclusions: health resorts, addiction treatment clinics, therapeutic residential communities and medication on the Visana Medication List

Clinic catalogue: additional benefits per hospital at a glance

Insured persons with hospital top-up insurance from Visana have access to almost all acute-care hospitals in Switzerland. Holders of semi-private and private packages benefit from a free choice of physician, a higher level of room comfort and numerous other conveniences during a hospital stay. In the clinic catalogue on the Visana website, you can find out which additional benefits you can expect at which hospital. Visana is constantly adding to the clinic catalogue, so as to make the overview as complete as possible for you.

Second medical opinion

The second medical opinion is a service for all persons who have taken out basic insurance, hospital top-up insurance or hospital daily allowance insurance with Visana. This service can be used once for each case of illness or accident.

Hospital top-up insurance			
	Hospital, semi-private	Hospital, private (Europe and worldwide)	Flex semi-private/Flex private Can be taken out when aged 19–45

Recognised hospitals ¹	Free choice throughout Switzerland	Free choice throughout Switzerland	Free choice throughout Switzerland
Ward	Semi-private ward	Private ward	Free choice of ward
Choice of physician	Free choice of physician	Free choice of physician	Free choice of physician if semi-private or private ward is chosen
Room comfort	Two-bed room	Single room	Depends on choice of ward
Second medical opinion	Included	Included	Included
Insured person's annual co-payment	Possible co-payment: CHF 0, 1000, 2000, 5000, 10000	Possible co-payment: CHF 0, 1000, 2000, 5000, 10000	Flex semi-private For semi-private ward: CHF 4000 For private ward: CHF 8000 Flex private For semi-private ward: CHF 2000 For private ward: CHF 4000
Insured capital	No hospital capital	No hospital capital	CHF 4000. The capital can be used to fund co-payment for a stay in a semi-private (Flex semi-private) or private (Flex private) ward. No payout in the event of a hospital stay in connection with maternity
Insurance cover in emergencies	Switzerland-wide + worldwide for 8 weeks per trip	Hospital, private Europe Europe-wide + worldwide for 8 weeks per trip Hospital, private worldwide Worldwide, unlimited	Switzerland-wide + worldwide for 8 weeks per trip
Travel insurance	Included for 8 weeks per trip	Hospital, private Europe Included for 8 weeks per trip Hospital, private worldwide Included for 11 months per trip	Included for 8 weeks per trip
Rooming-in	Under 1 year of age: 100% of the cost of accommodation and board for the mother or child. Ages 1 to 13: max. CHF 50 per day for person accompanying a child aged 13 or younger.	Under 1 year of age: 100% of the cost of accommodation and board for the mother or child. Ages 1 to 13: max. CHF 50 per day for person accompanying a child aged 13 or younger.	Under 1 year of age: 100% of the cost of accommodation and board for the mother or child. Ages 1 to 13: max. CHF 50 per day for person accompanying a child aged 13 or younger.
Lump sum for outpatient birth	CHF 1000 per birth	CHF 1500 per birth	CHF 500 per birth
Health resorts, balneotherapy	CHF 75 per day, max. 21 days per year	CHF 100 per day, max. 21 days per year	CHF 50 per day, max. 21 days per year
Convalescence cures at a Visana-recognised health resort	CHF 75 per day, max. 28 days; CHF 30 per day at other appropriate sanatoriums	CHF 100 per day, max. 28 days; CHF 40 per day at other appropriate sanatoriums	CHF 50 per day, max. 28 days; CHF 20 per day at other appropriate sanatoriums

Complementary top-up insurance Complementary I **Complementary II** Complementary III A supplement to compulsory health insurance, for complementary medical treatment associated with illness, accident or maternity. Can be taken out by persons aged up to and including 69. Maximum contributions per year 90%, up to CHF 1000 90%, up to CHF 4000 90%, up to CHF 10000 Physicians with federal qualifi-Physicians and therapists Physicians with federal qualifica-Physicians with federal qualification, naturopathic practitioners tion, naturopathic practitioners ca-tion, naturopathic practitioners and therapists recognised by and therapists recognised by and therapists recognised by Visana Visana Visana; naturopathic practitioners and therapists not recognised by Visana, max. 50%, up to CHF 1000 Treatment If prescribed by a physician Possible without prescription from Possible without prescription from a physician a physician Recognised forms of therapy Recognised forms of therapy Recognised forms of therapy Recognised forms of therapy as as per Visana's separate list of as per Visana's separate list of per Visana's separate list of therapy therapy forms forms; benefits also for nontherapy forms recognised forms of therapy (unless explicitly excluded) **Medication for** 90% of costs if prescribed 90% of costs if prescribed 90% of costs if prescribed complementary medicine by a physician or recognised by a physician or recognised by a physician or recognised (exceptions: see LPPV4) naturopathic practitioner naturopathic practitioner naturopathic practitioner

Thought about it? Our travel and dental insurance

Travel insurance Comprehensives travel cover

Your advantage: included in outpatient, hospital and basic top-up insurance

- All-round cover when travelling abroad
- Unlimited emergency costs for hospital and outpatient treatment
- Immediate on-site assistance and organised repatriation
- Unlimited transport costs including medical repatriation to Switzerland, as well as search, rescue and recovery costs up to CHE 25,000
- Luggage, cancellation, credit card and customer card insurance included

Dental insurance Financial protection for dental treatment and care

Your advantage: an ideal supplement to outpatient top-up insurance

- Benefits for dental check-ups and dental hygiene
- Contributions to braces and prostheses
- Contributions to various dental treatments (periodontal, restorative and orthodontic treatment)
- Eight benefit levels for every need and budget
- Can be taken out until the age of 70 is reached

How you can save even more

Premium reduction thanks to multi-year contracts			
Top-up insurance	Premium reduction 3-year contract	Premium reduction 5-year contract	
Outpatient I – III	2%	3%	
Complementary I – III	2%	3%	
Hospital	2%	3%	
Hospital daily allowance	2%	3%	
Hospital capital	2%	3%	
Basic and Basic Flex	2%	3%	

Family discount on top-up insurance

The second child and each further child covered by the same family contract are granted a 50% discount (on the first child's premium) until they attain the age of 18 (end of the calendar year). Once the first child has reached the 'youth' age group, the second child counts as the first child and therefore is no longer entitled to a discount. The discount is granted for the following top-up insurance: outpatient, complementary, hospital, dental treatment and basic.

One-off 20% health discount for new customers

Together with your application for our hospital top-up insurance (general, semi-private or private), we require a completed health questionnaire. If you pass the risk assessment, you receive a 20% premium discount for the first year of insurance. This discount automatically expires after the first year of insurance and is replaced by a 20% no-claims bonus, as long as no benefits have been received. This discount automatically expires after the first year of insurance and is replaced by a 20% no-claims bonus, as long as the conditions for this are fulfilled.

Advance payment of the premium invoice

Semi-annually: 1% discount; annually: 2% discount



Outpatient top-up insurance

Outpatient I Outpatient II Outpatient III

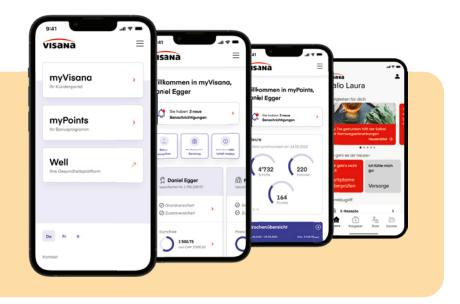
A supplement to compulsory health insurance, for outpatient treatment. Can be taken out by persons aged up to and including 69.

Outpatient treatment conventional medicine			Psychotherapy provided by therapists with cantonal authorisation to practise as per the Psychology Professions Act, 80%, max. CHF 5000 per year; non-panel physicians: 90%
Outpatient treatment complementary medicine			
Medication	90% for non-obligatory medication approved by Swissmedic ⁵ for the respective indication (exceptions: LPPV ⁵); 50% for medication on the Visana list; max. CHF 1000 per year in total	90% for non-obligatory medication approved by Swissmedic ⁵ for the respective indication (exceptions: LPPV ⁶); 50% for medication on the Visana list; unlimited	90% for non-obligatory medication approved by Swissmedic ⁵ for the respective indication (exceptions: LPPV ⁶) 50% for medication on the Visana list; unlimited
Hospital stays			
Maternity/pregnancy		90% for further check-ups and ultra- sound examinations	90% for further check-ups and ultra- sound examinations; 90% for pregnan- cy gymnastics and postnatal gymnas- tics, max. CHF 300
Preventative gynaecological examinations	90% for preventative gynaecological examination	90% for preventative gynaecological examination	90% for preventative gynaecological examination
Preventative care	90% for check-up every 3 years; max. CHF 200	90% for check-up every 3 years, max. CHF 300	90% for check-up every 3 years, max. CHF 600
Home nursing care and home help		CHF 50 per day for max. 30 days per year; thereafter CHF 25 per day for up to another 30 days per year	CHF 100 per day for max. 30 days per year; thereafter CHF 50 per day for up to another 30 days per year
Medical supplies		90% of purchase or hire, max. CHF 1000 per year	90% of purchase or hire, max. CHF 2000 per year
Spectacle lenses and contact lenses		90%, max. CHF 200, per year until the age of 18 is reached, thereafter every 3 years	90%, max. CHF 250 per year
Protective and travel vaccinations	90%, max. CHF 100 per year	90%, max. CHF 200 per year	90%, unlimited
Transport and rescue costs	90% of transport costs³ max. CHF 10000 per year; 90% of search, rescue and recovery costs, max. CHF 25000 per year	90% of transport costs³ max. CHF 20000 per year; 90% of search, rescue and recovery costs, max. CHF 25000 per year; 50% of travel costs, max. CHF 2000 per year	90% of transport costs ³ unlimited; 90% of search, rescue and recovery costs, unlimited; 50% of travel costs, max. CHF 2000 per year
Stays abroad/travel	Travel insurance included for 8 weeks per trip Unlimited emergency costs for hospital and outpatient treatment	Travel insurance included for 8 weeks per trip Unlimited emergency costs for hospital and outpatient treatment	Travel insurance included for 8 weeks per trip Unlimited emergency costs for hospital and outpatient treatment
Dental treatment		25%, max. CHF 500 per year, for dental surgical procedures	50%, max. CHF 1000 per year, for dental surgical procedures
Correction of malpositioned teeth		80% of treatment costs based on the applicable CHI/OKP ⁴ tariff, max. CHF 10000 in total, one-off; no contribution to the removal of wisdom teeth	80% of treatment costs based on the applicable CHI/OKP ⁴ tariff, max. CHF 10000 in total, one-off; no contribution to the removal of wisdom teeth

Medically required emergency ambulance transport to the nearest hospital
 OKP = compulsory health insurance
 Swissmedic = Swiss Agency for Therapeutic Products
 LPPV = list of special-use pharmaceutical preparations

Three apps at a glance – myVisana, myPoints and Well

With the Visana app, you have access to three Visana services at once:









myVisana - the online customer portal

- Access the whole family's policies, invoices and benefits statements
- Invoices from physicians can be photographed and sent directly to Visana
- Check the Visana co-payment, retention fee and deductible
- Send messages to Visana securely and directly from the portal
- · Check deductible options and change them online
- · Easy login with Touch ID, Face ID or PIN
- Virtual insurance cards always on hand for the whole family
- QR code for easy login at the doctor's practice or hospital
- Translation of the Tarmed benefits statement to aid comprehension for laypersons
- Connection of your Visana account to Medi+ for use of digital medication and prescription services from the mail-order pharmacy Zur Rose

myPoints - the digital bonus programme

- Receive up to CHF 120 a year for daily exercise and customer loyalty
- For everyone over 12 years old who has top-up insurance with Visana
- Register participation with the Visana app
- Synchronise steps and calories via Fitbit, Garmin,
 Polar, or Apple Health and Google Fit

Well – the health platform for medical advice

- Medical advice: around the clock on your preferred channel – via chat, phone or symptom checker
- Well Assistant: your treatment options at a glance, tailored to your basic insurance model
- Medication search: find cost-effective alternatives to your medications, such as generics or biosimilars, and save money
- Personal dossier with examination results,
 e-prescriptions and booked appointments



Benefitting is healthy

Be it as a Visana Club member or thanks to our commitment to health promotion, everyone insured with Visana is eligible for numerous discounts and co-payments.

Up to CHF 350 a year for health promotion

Visana encourages an active and healthy lifestyle. We contribute to your fitness subscription, to a group course, or to admission fees for saunas and steam/thermal/brine baths. Be it independent strength/endurance training, group fitness, yoga, pregnancy gymnastics or a visit to a thermal bath, Visana rewards your healthy activity with up to CHF 350 a year. Outpatient or basic top-up insurance is a prerequisite.

Visana Club with attractive offers

As a Visana customer, you are automatically a member of the Visana Club, free of charge. With your insurance card and the offer coupons to be found in the customer magazine VisanaFORUM and on the Visana website, you can benefit from discounts.